



Keeping in Touch

September 9, 2016

Church School Registration

Our Church School teachers will be available in Ryerson Hall after the service this Sunday, September 11 to register children in their classes. Church School classes will begin again on Sunday, September 18.

Adult and Youth Choirs Registration

Our Minister of Music, Debbie Fingas, will be present after the service this Sunday, September 11 to answer any questions about how you and your family can become involved in our Chancel Choir, Youth Choirs or Adult or Youth Handbell Choirs and to accept registrations. Jubilate Jr. (junior handbells) will begin at 5 pm on Tuesday, September 13, Youth Choirs begin on Thursday, September 15 at 4:30 pm for the Joyful Noise choir and at 5 pm for the High Spirits choir.

Congregational Barbecue

All are invited to a Congregational Barbecue to be held in Ryerson Hall on Sunday, September 25 at 4:30 pm. The main course and beverages will be provided, but you are asked to please bring a salad or desert for sharing. (Please keep in mind that we try to keep the food we serve nut-free). Also, please bring your own plates and cutlery. Free will donations towards costs will be gratefully accepted. Please sign up after the service.

Insight Deadline

The deadline for the 2016 Thanksgiving edition of *Insight*, our church newsletter, is Sunday, September 25 (publishing on October 4). We invite you to submit information about upcoming events at Trinity, reports about recent activities and any news about members of our church family that you wish to share. Pictures and stories are always welcome. Please email your submissions to insight@trinitycobourg.ca or leave them in the Insight mailbox.

Please let Cindy know If you would like to receive your copy by email at choffman@trinitycobourg.ca.

Blessing of the Animals

There will be a Blessing of the Animals Service on Sunday, October 2 at 2 pm on the front lawn of the church. You are invited to bring your pets along for the blessing.

Body, Mind and Spirit Group

Rev. Anja Guignon will be leading a Body, Mind and Spirit Group once a month on Tuesdays from 2-4 pm in the Anson Green Chapel (Rm 220) starting on October 11. The purpose of the group is to explore how we experience our faith through our physical being. We will be doing some gentle physical exercise like Qi-gong or Tai Chi, etc. We will also be sharing our stories as to where and how we experience God in our lives. To join the group or for more information, please contact Anja at 613-475-9357 or revanja@gmail.com.

Youth Group Closing Event

The youth in our church family are very busy people! With only five of our group able to take part in our closing event we decided to venture to the ice cream parlour and get some summertime treats. We then headed over to Victoria Park to stroll the paths and talk about the end of the school year, plans for the summer and plans for Your Group next year (2016-17). The walk around the park turned into a walking loop, including dropping Graham off at his house to complete some work he needed to do on his summer company business and then back up to the church in time to meet up with parents again. Sometimes throwing away a set plan is the best plan. The youth who were able to take part seemed to really enjoy just taking the leisure time to talk about where they've been and where they're going as we wandered with no specific place to be.



Hope everyone had a great summer!

Drive to Church

For a drive to church in September, please call George and Alma Beston at 905-372-3552

